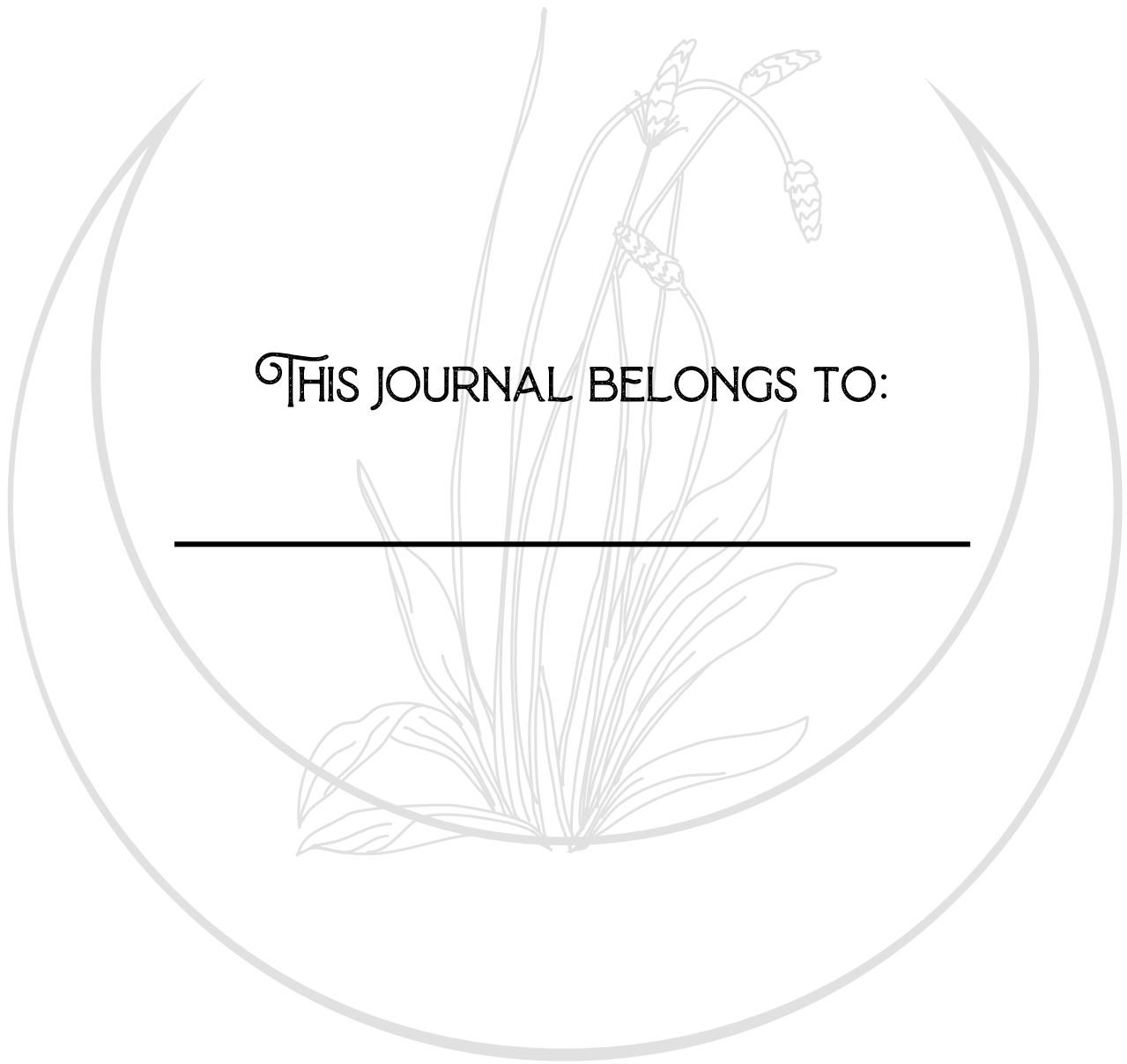




ROOTCRAFT

Botanicals

SEASONAL  
MUSINGS



THIS JOURNAL BELONGS TO:

ROOTCRAFT

Botanicals

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CREATED, WRITTEN, AND DESIGNED BY JOVIE HAWTHORN BROWNE

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# HOW TO USE THIS JOURNAL

The Rootcraft Seasonal Musings Journal is a powerful tool for living in harmony with the natural world around us,

It is designed to help bring awareness to the external energetic shifts in nature that occur all around us throughout the year— so that we can harness and internalize these energies at their peak. This allows us to utilize the energy that is already abundantly available to us naturally, without feeling like we are constantly fighting against the current or forcing it.

In these pages, you will find:

- 4 seasons of Seasonal Plans, Actions, & Reflections (pg 4)- which marry the phases of the moon to the calendar year (pgs 6-9) to bring in the awareness of each season's energy and provide the space to sync our own energy with that of the natural world around us,
- Monthly Outlooks & Readings (pg 5)- to check-in with ourselves, where we started, where we are, and where we're headed so that the big-picture is routinely being scaled down into our lives in actionable ways.
- 1-3-5 Card Spreads (pg 5)- to be used whenever and however you wish. You might fill them out them daily, weekly, or whenever you feel called to your cards.

It is my hope that this journal helps you find the deep connection and endless potential that lies between your highest self and the natural world. After all, you are the natural world, and the natural world is you. The connection is already there. This journal is intended simply to provide the framework that enables you to embody and strengthen this connection.

My wish is that using it brings you as much joy as creating it has brought me.



# SEASONAL PLANS, ACTIONS, & REFLECTIONS

While the physical changes in the seasons can be quite noticeable in our physical bodies, (temperature, daylight, activity, etc) the energetic shifts we feel in our mental and emotional states can be more challenging to decipher. These guides can help translate any disconnect so that we can fully tune into the frequencies of these shifts.

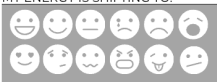
THIS SEASON'S PRIORITIES:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

MY ENERGY IS SHIFTING TO:



THIS SEASON'S INTENTIONS:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

END OF SEASON REFLECTION:

MY FAVORITE THINGS ABOUT THIS SEASON:

THINGS TO LET GO OF:

- Priorities— What is important to you this season?
- Energy— What has your mood been like? How is it changing?
- Intentions— What are you focusing on inviting into your life in the season ahead?
- Favorites— Focusing on the positive to nurture gratitude
- Reflection— How did the season go? What did you learn? What went well? What didn't?
- Release— What habit, mindset, choice, etc didn't serve you this season and how will you let it go?

Each season's tarot spread is curated to ask specific questions that will draw us closer to a deeper understanding of what's happening both in and around us.

## SEASONAL TAROT SPREADS

Fill in the square with the card you drew, then reflect and analyze their meanings in the corresponding spaces below.

HIBERNATION:	WHAT'S HIDING:	STRENGTH:	BENEFIT:	LESSONS:
<div style="background-color: #cccccc; width: 60px; height: 60px; margin: 5px auto;"></div>	<div style="background-color: #cccccc; width: 60px; height: 60px; margin: 5px auto;"></div>	<div style="background-color: #cccccc; width: 60px; height: 60px; margin: 5px auto;"></div>	<div style="background-color: #cccccc; width: 60px; height: 60px; margin: 5px auto;"></div>	<div style="background-color: #cccccc; width: 60px; height: 60px; margin: 5px auto;"></div>

# MONTHLY PLANS & READINGS



Each month you can check in with yourself to see how that season's plan is panning out. This keeps us in-tune with and aware of how these seasonal shifts are impacting us in our day-to-day lives.

**THIS MONTH'S PRIORITIES**


○ \_\_\_\_\_

○ \_\_\_\_\_

○ \_\_\_\_\_

**I AM GRATEFUL FOR:**

**I HAVE BEEN FEELING:**



**THIS MONTH'S INTENTIONS:**

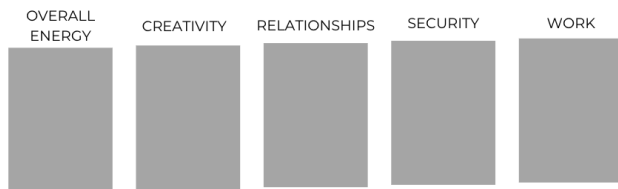
**END OF MONTH REFLECTION:**

**THINGS TO LET GO OF:**

The format of the monthly check-ins is similar to that of the seasonal plan—granting us consistency while simultaneously breaking big-picture actions down to shorter-term checkpoints.

Where have you succeeded? Where does more work need to be done? Try not to focus solely on your productivity, but rather on your internal progress.

## MONTHLY TAROT SPREADS



Find out what each month has in store for you in the areas of:

- Overall energy - What's the vibe? The overarching theme of the month?
- Creativity (deliberate, cognitive, emotional, spontaneous)
- Relationships (romance, friends, family, colleagues, community)
- Security (financial, physical, social, emotional, interpersonal)
- Work (career, volunteering, home care, family care, land care)

### 1-3-5 CARD SPREADS

Examples of draws might include:  
 Past/Present/Future/Unexpected/Action  
 Stop/Start/Continue,  
 Situation/Obstacle/Advice,  
 Opportunities/Challenges/Outcome,  
 Embrace/Accept/Let go  
 Energy of the day



# SOLAR CALENDAR 2025

## January

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## February

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## March

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## May

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## June

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## July

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## September

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## October

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## November

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

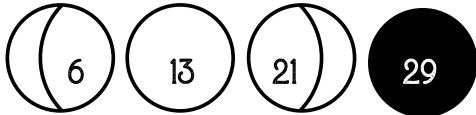
## December

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

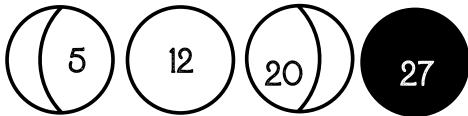


# LUNAR CALENDAR 2025

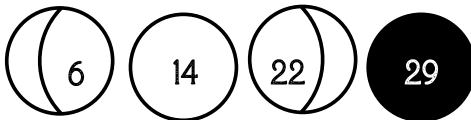
JANUARY



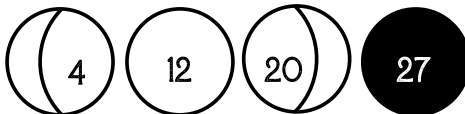
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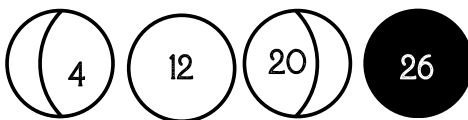
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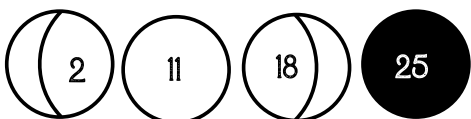
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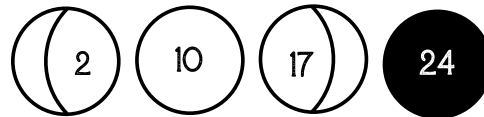
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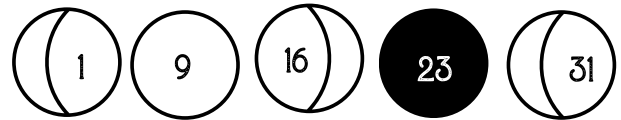
JUNE



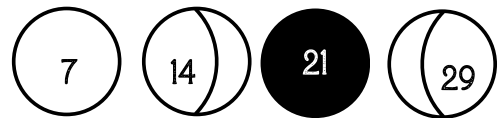
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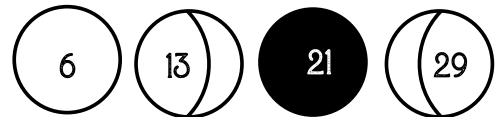
AUGUST



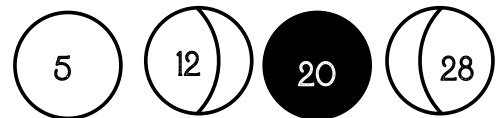
SEPTEMBER



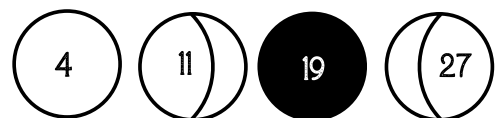
OCTOBER



NOVEMBER



DECEMBER





# LUNAR PHASES



As the moon orbits around the Earth, different parts of its face are illuminated by the Sun. This gives the Moon a constantly waxing (growing) or waning (shrinking) appearance in between short periods of being Full and bright or completely dark (New).

Each New Moon brings us a completely dark sky, where no light from the sun is reflected off of the moon and we are unable to see it at all.

After each New Moon, night by night we'll slowly see an illuminated crescent become larger and larger as the moon reflects the sun's light at an angle. This is the Waxing Phase and includes the waxing crescent moon, first quarter moon, and waxing gibbous moon.

The Full moon occurs when the Moon has grown as bright as it can and is reflecting the sun's light dead-on. Since the Earth and Moon are both constantly in orbit, the Full Moon (and New Moon) phase technically only lasts but a moment, but the energy is said to be felt for around 24-72 hours before and after.

As the Moon then shifts away from the Sun, we gradually see less and less light reflected each night, giving us the Waning phase. This includes the Waning Gibbous, Last Quarter, and Waning Crescent Moon until finally there is no light at all reflected and we are back to a New Moon again.

The Moon takes 27.3 days to orbit the Earth, but this lunar phase cycle we see—from New, waxing to Full, then waning back to New— lasts about 29.5 days. This is because the Moon is orbiting the Earth while the Earth is simultaneously orbiting the Sun— so the Moon has to make up for that added distance.

Each of these phases has its own energetic shifts it's associated with, and just as each month progresses through these shifts in energy from New Moon to New Moon, so too does the entire calendar year...

# LUNAR PHASES & THE SEASONS

The natural year is a neverending circle. You don't have to begin this work at the New Moon or in Winter. Feel free to begin with whichever season you're in.



NEW MOON

Darkness. Beginnings. Birth. Rest.

Planning. Intention Setting. Clean Slate.  
Starting Fresh.



WINTER

Nature is in a deep slumber as it rests and stores energy. Reflecting on the year behind and preparing for the year ahead.



WAXING MOON

Growth. Action. Progress.

Commit to the intentions. Double down on what excites you and take the steps.



SPRING

The soil is warming and budding new growth is peeking out. This is what we've been waiting and planning for and it's time to get our hands dirty.



FULL MOON

Results. Completion. Celebration.

Celebrate the fruits of your labor!  
Reap what you've sown with gratitude



SUMMER

The days are long, flowers are blooming, abundance surrounds us! Nature's power and intensity is displayed at this peak time of productivity.



WANING MOON

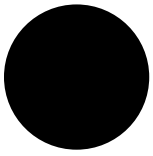
Release. Re-evaluate. Trust

Let go of patterns or negativity that didn't serve you on this journey.

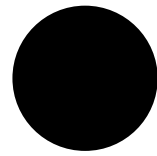


AUTUMN

Flowers are going to seed, trees are dropping leaves, and all of nature is letting go in order to create space for future growth



# WINTER OUTLOOK



DATE: \_\_\_\_\_

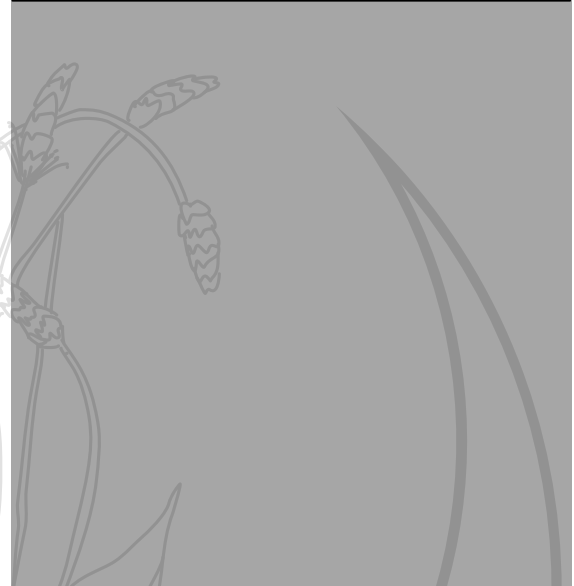
**SOLSTICE: SUN DEC 21ST**

**IMBOLC: SAT FEB 1ST**

**THIS SEASON'S PRIORITIES**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**MY FAVORITE THINGS ABOUT THIS SEASON:**



**MY ENERGY IS SHIFTING TO:**



**THIS SEASON'S INTENTIONS:**

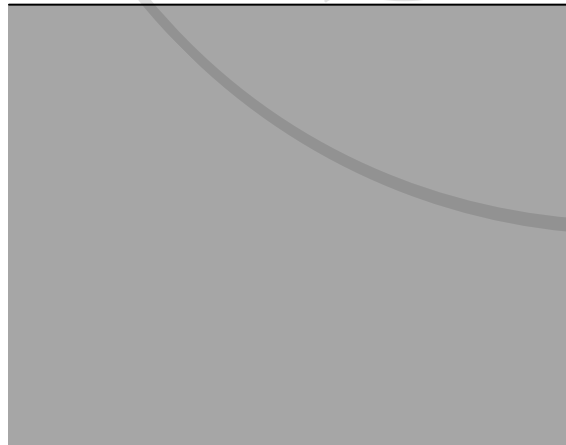
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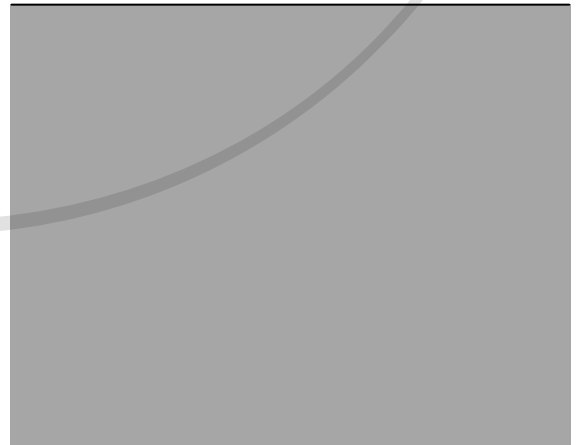
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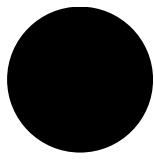
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**END OF SEASON REFLECTION:**

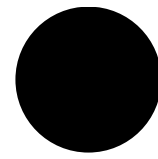


**THINGS TO LET GO OF:**





# WINTER READING



HIBERNATION:

WHAT'S HIDING:

STRENGTH:

BENEFIT:

LESSONS:

WHICH ASPECT OF MY LIFE MOST REQUIRES HIBERNATION:

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WHAT'S HIDING IN THE DARKNESS/MY SUBCONSCIOUS THAT I NEED TO EXPLORE:

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WHAT WILL GIVE ME STRENGTH AS I FACE MY SHADOW SELF?

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HOW WILL THIS HIBERNATION BENEFIT ME?

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WHAT LESSONS CAN I LEARN TO LIVE IN ALIGNMENT WITH THIS SEASON?

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END OF SEASON REFLECTION:

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# ☉ SPRING OUTLOOK ☉

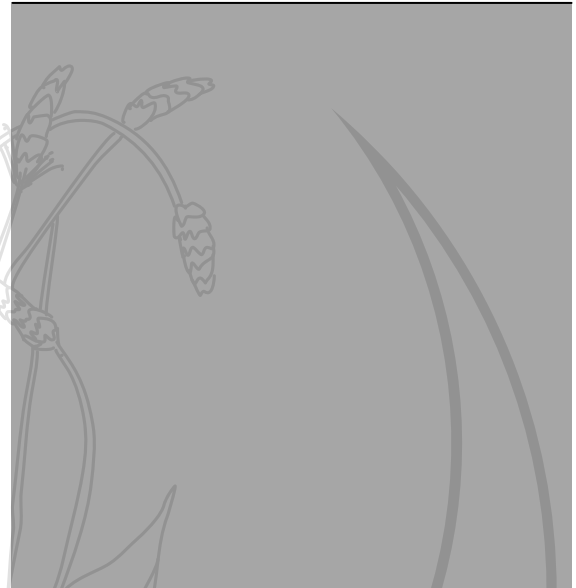
DATE: \_\_\_\_\_

**EQUINOX: THUR MAR 20TH**  
**BELTAINE: THUR MAY 1ST**

THIS SEASON'S PRIORITIES

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

MY FAVORITE THINGS ABOUT THIS SEASON:



MY ENERGY IS SHIFTING TO:



THIS SEASON'S INTENTIONS:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

END OF SEASON REFLECTION:

THINGS TO LET GO OF:

# SPRING READING

PLANT:

NURTURE:

BALANCE:

FOCUS:

LESSONS:

WHAT "SEEDS"/INTENTIONS CAN I BE PLANTING THIS SPRING?

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HOW CAN I BEST NURTURE THESE SEEDS?

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WHAT CAN I DO TO CREATE BALANCE IN MY LIFE?

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HOW CAN I KEEP MY ENERGY FOCUSED AND NOT SCATTERED?

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WHAT LESSONS CAN I LEARN TO LIVE IN ALIGNMENT WITH THIS SEASON?

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END OF SEASON REFLECTION:

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# ○ SUMMER OUTLOOK ○

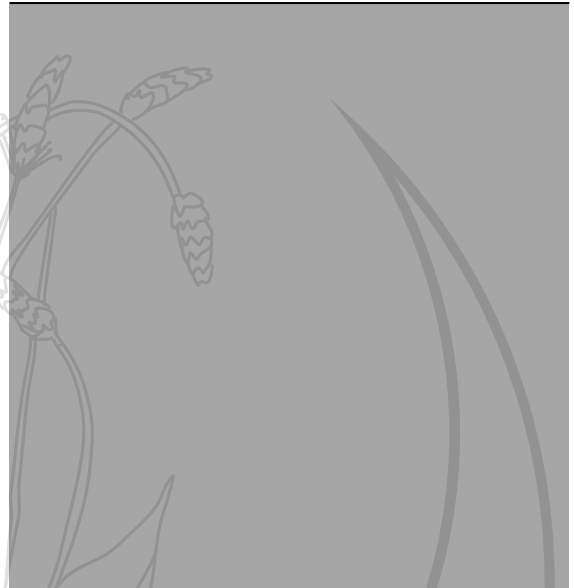
**SOLSTICE: FRI JUNE 20TH**  
**LUNASADH: FRI AUG 1ST**

DATE: \_\_\_\_\_

THIS SEASON'S PRIORITIES

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

MY FAVORITE THINGS ABOUT THIS SEASON:



MY ENERGY IS SHIFTING TO:



THIS SEASON'S INTENTIONS:

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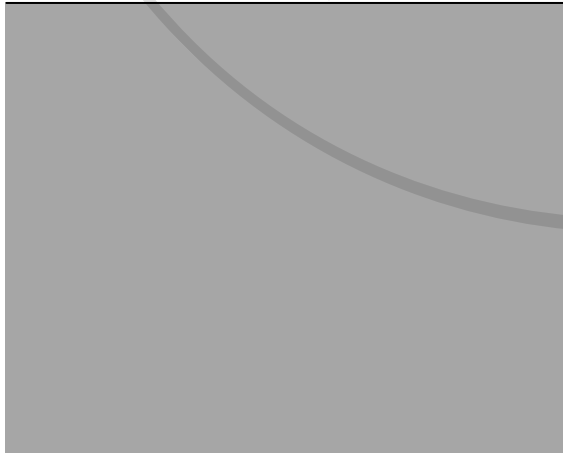
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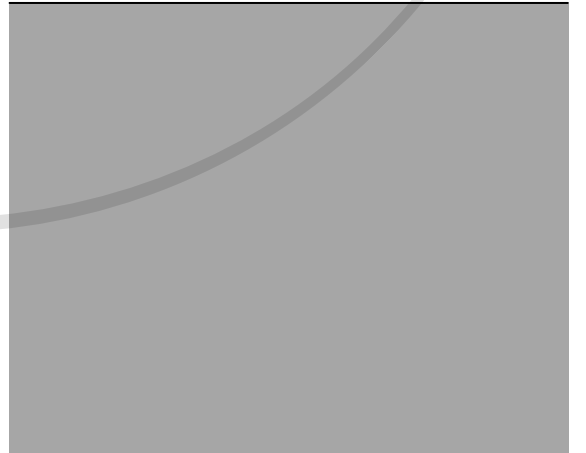
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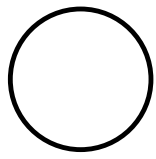
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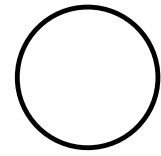


THINGS TO LET GO OF:





# SUMMER READING



OPPORTUNITIES:

EXPLORE:

FOCUS:

CONSERVE:

LESSONS:

WHAT NEW OPPORTUNITIES MAY ARISE THIS SUMMER?

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WHERE CAN I EXPLORE AND EXPAND MYSELF?

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WHERE MIGHT I FOCUS MY ENERGY?

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WHERE CAN I CONSERVE MY ENERGY TO PREVENT BURNOUT?

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WHAT LESSONS CAN I LEARN TO LIVE IN ALIGNMENT WITH THIS SEASON?

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END OF SEASON REFLECTION:

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# ☾ AUTUMN OUTLOOK ☽

**EQUINOX: MON SEPT 22ND**  
**SAMHAIN: FRI OCT 30-NOV 1**

DATE: \_\_\_\_\_

THIS SEASON'S PRIORITIES

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

MY FAVORITE THINGS ABOUT THIS SEASON:



MY ENERGY IS SHIFTING TO:



THIS SEASON'S INTENTIONS:

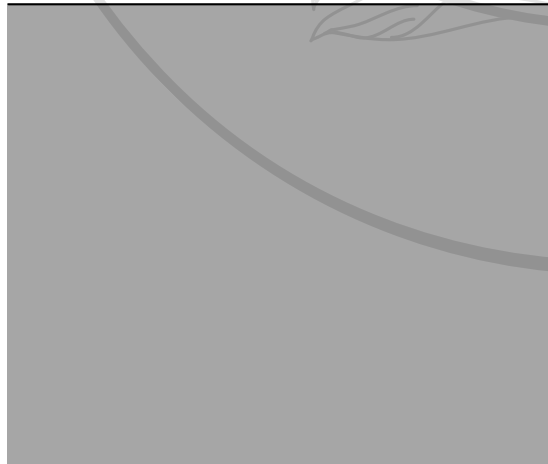
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END OF SEASON REFLECTION:



THINGS TO LET GO OF:



# ☾ AUTUMN READING ☽

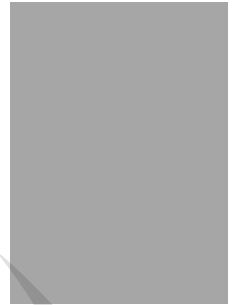
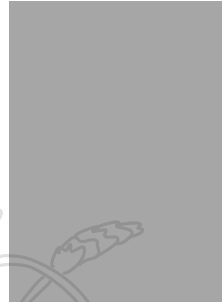
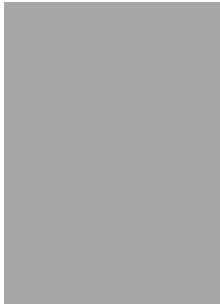
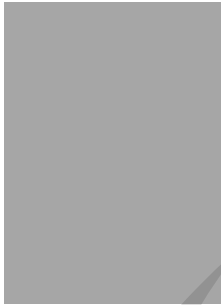
HARVEST:

BOUNTY:

RELEASE:

CHANGES:

LESSONS:



I REAP WHAT I SOW...WHAT CAN I EXPECT TO HARVEST THIS SEASON?

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WHAT CAN I DO NOW TO ENSURE MY MOST BOUNTIFUL HARVEST?

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WHAT MUST I SHED IN ORDER TO CREATE BALANCE IN MY LIFE?

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WHAT CHANGES MIGHT I BE PREPARING FOR?

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WHAT LESSONS CAN I LEARN TO LIVE IN ALIGNMENT WITH THIS SEASON?

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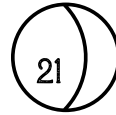
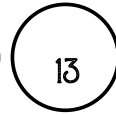
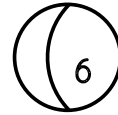
END OF SEASON REFLECTION:

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# JANUARY CHECK-IN



## THIS MONTH'S PRIORITIES

- 
- 
- 

## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# JANUARY READING

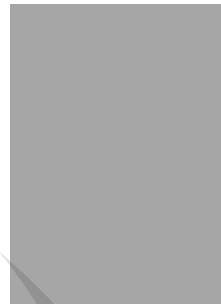
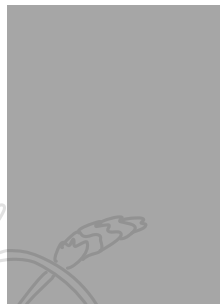
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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END OF MONTH REFLECTION:

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# FEBRUARY CHECK-IN

5

12

20

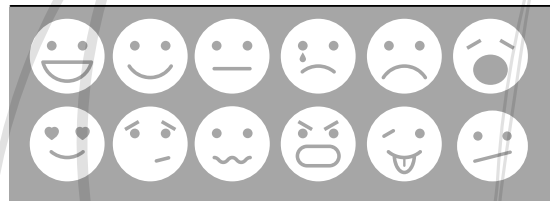
27

## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# FEBRUARY READING

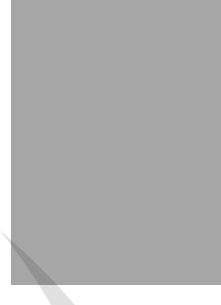
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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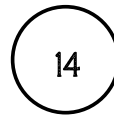
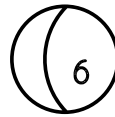
END OF MONTH REFLECTION:

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# MARCH CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# MARCH READING

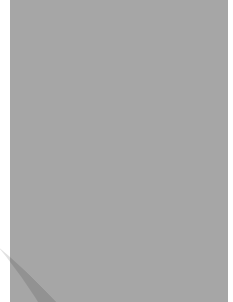
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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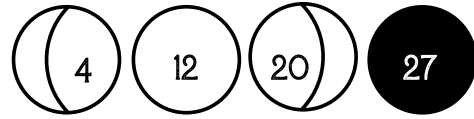
END OF MONTH REFLECTION:

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# APRIL CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# APRIL READING

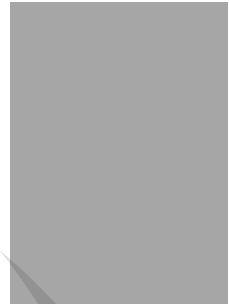
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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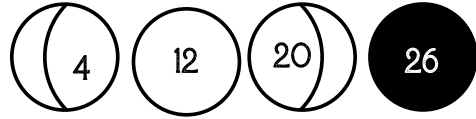
END OF MONTH REFLECTION:

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# MAY CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# MAY READING

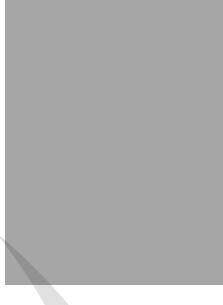
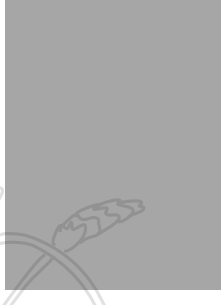
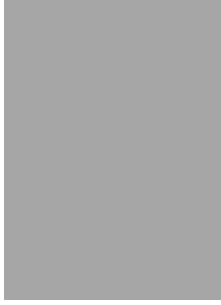
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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END OF MONTH REFLECTION:

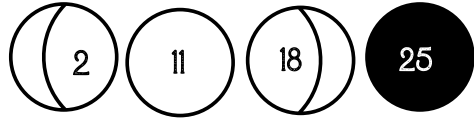
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# JUNE CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# JUNE READING

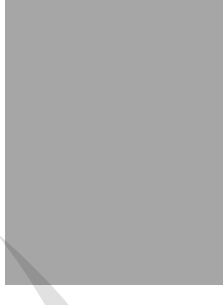
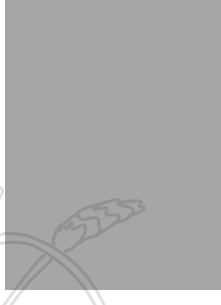
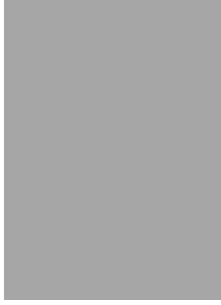
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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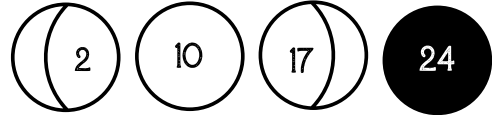
END OF MONTH REFLECTION:

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# JULY CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# JULY READING

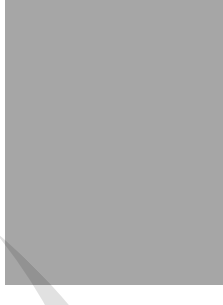
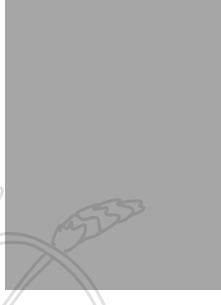
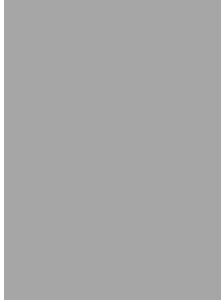
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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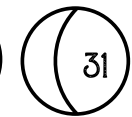
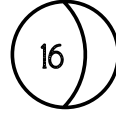
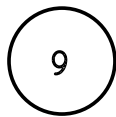
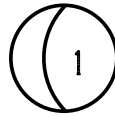
END OF MONTH REFLECTION:

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# AUGUST CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# AUGUST READING

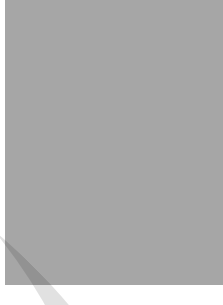
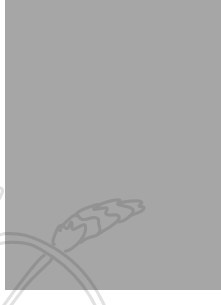
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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END OF MONTH REFLECTION:

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# SEPTEMBER CHECK-IN

7

14

21

29

## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# SEPTEMBER READING

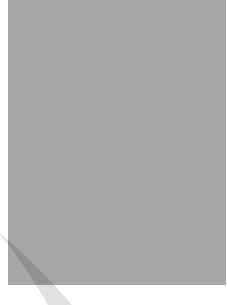
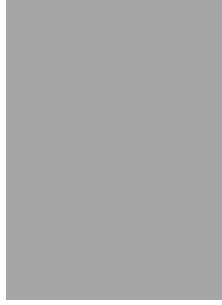
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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END OF MONTH REFLECTION:

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# OCTOBER CHECK-IN

6

13

21

29

## THIS MONTH'S PRIORITIES

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- 
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## I AM GRATEFUL FOR:



## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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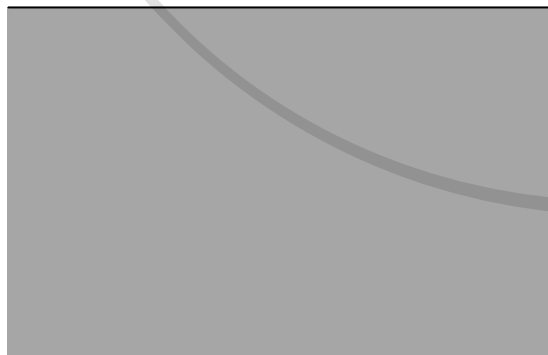
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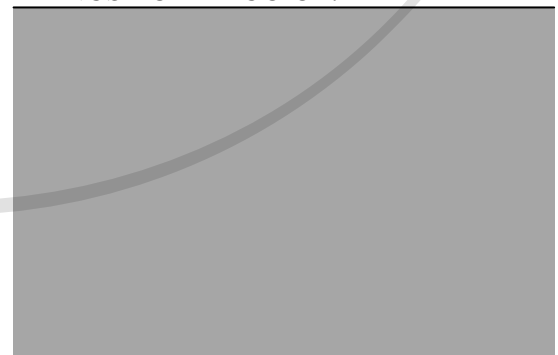
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## END OF MONTH REFLECTION:



## THINGS TO LET GO OF:



# OCTOBER READING

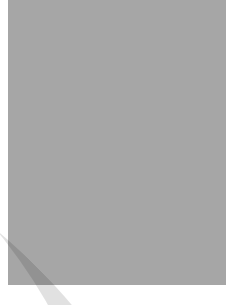
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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RELATIONSHIPS:

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SECURITY:

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WORK:

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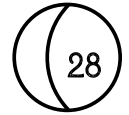
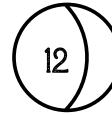
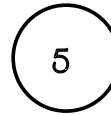
END OF MONTH REFLECTION:

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# NOVEMBER CHECK-IN



## THIS MONTH'S PRIORITIES

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## I AM GRATEFUL FOR:

## I HAVE BEEN FEELING:

## THIS MONTH'S INTENTIONS:

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## END OF MONTH REFLECTION:

## THINGS TO LET GO OF:

# NOVEMBER READING

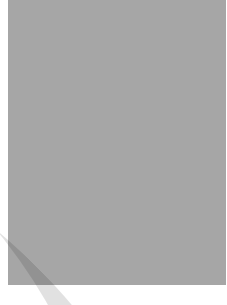
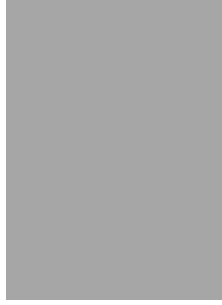
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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WORK:

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END OF MONTH REFLECTION:

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# DECEMBER CHECK-IN

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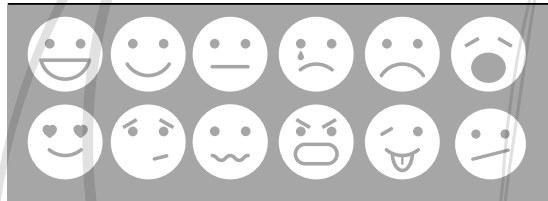
## THIS MONTH'S PRIORITIES

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- 

## I AM GRATEFUL FOR:



## I HAVE BEEN FEELING:



## THIS MONTH'S INTENTIONS:

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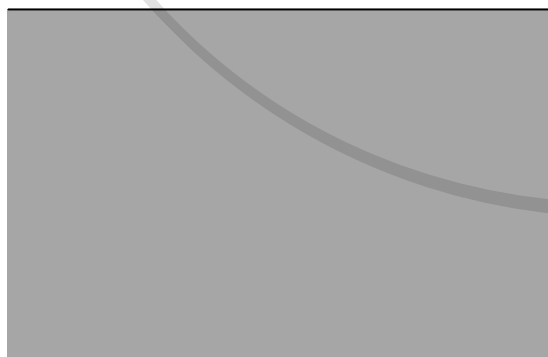
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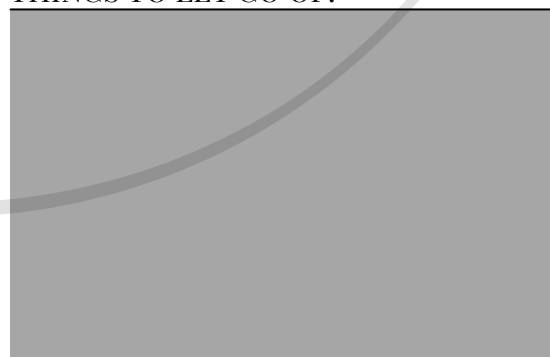
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## END OF MONTH REFLECTION:



## THINGS TO LET GO OF:



# DECEMBER READING

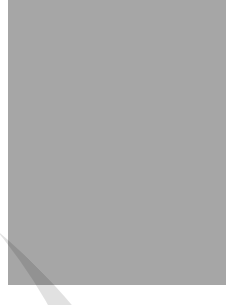
OVERALL  
ENERGY

CREATIVITY

RELATIONSHIPS

SECURITY

WORK



ENERGY THIS MONTH:

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CREATIVITY:

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PRINT AS MANY COPIES OF THIS PAGE AS YOU FEEL CALLED TO  
RELATIONSHIPS:

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SECURITY:

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END OF MONTH REFLECTION:

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# 1-3-5 CARD READING

DATE \_\_\_\_\_

SPREAD: \_\_\_\_\_

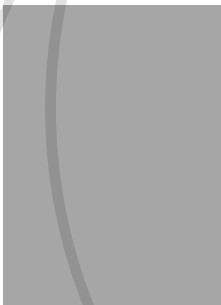
1.



2.



3.



4.



5.



1.

2.

3.

4.

5.

A large, light-grey circular graphic containing a detailed line drawing of a plant with several long, thin leaves and a central stem with small flowers. Below the plant, there are ten horizontal lines for writing notes, corresponding to the numbered sections of the spread.

REFLECTION:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

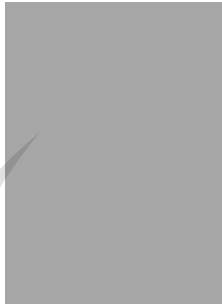
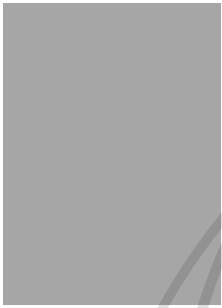
# 1-3-5 CARD READING

DATE \_\_\_\_\_

SPREAD: \_\_\_\_\_

1.

2.

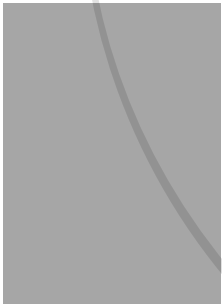


3.



4.

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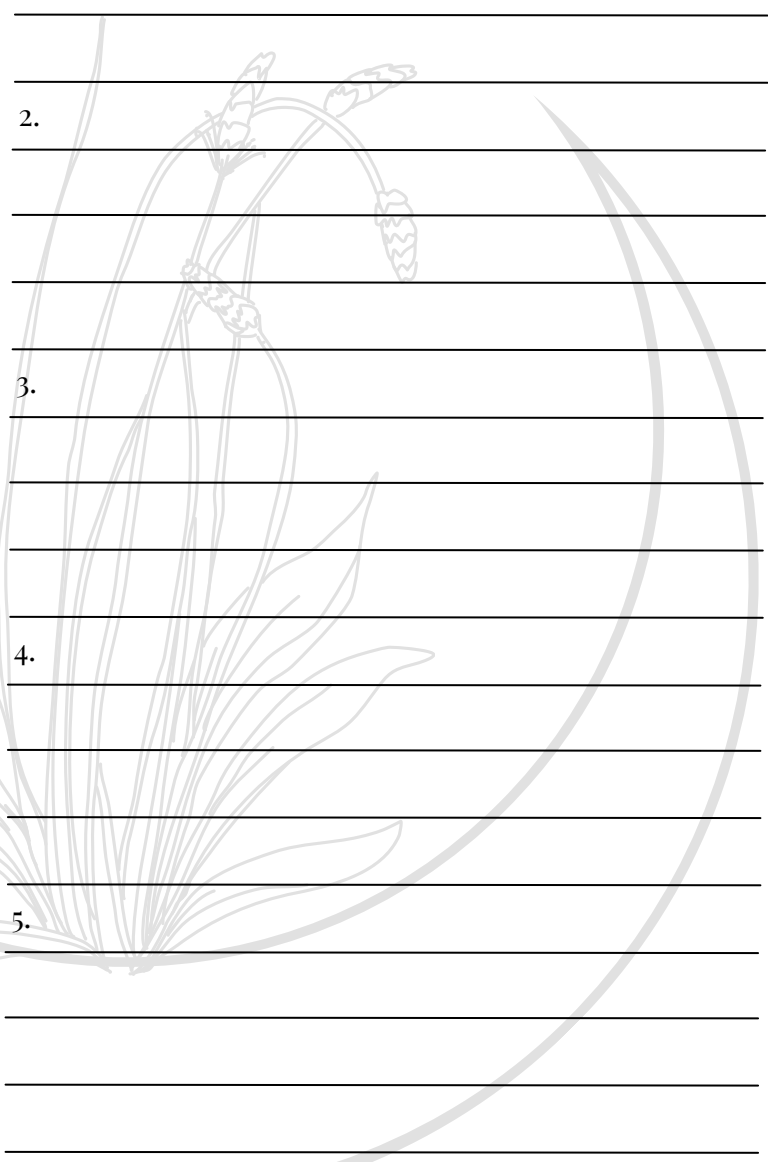
1.

2.

3.

4.

5.

A large, faint circular graphic in the background containing a detailed line drawing of a plant with long, slender leaves and several small, budding flowers or seed pods. The plant is centered within the circle. The circle is overlaid with horizontal lines for writing, corresponding to the numbered sections of the spread.

REFLECTION:

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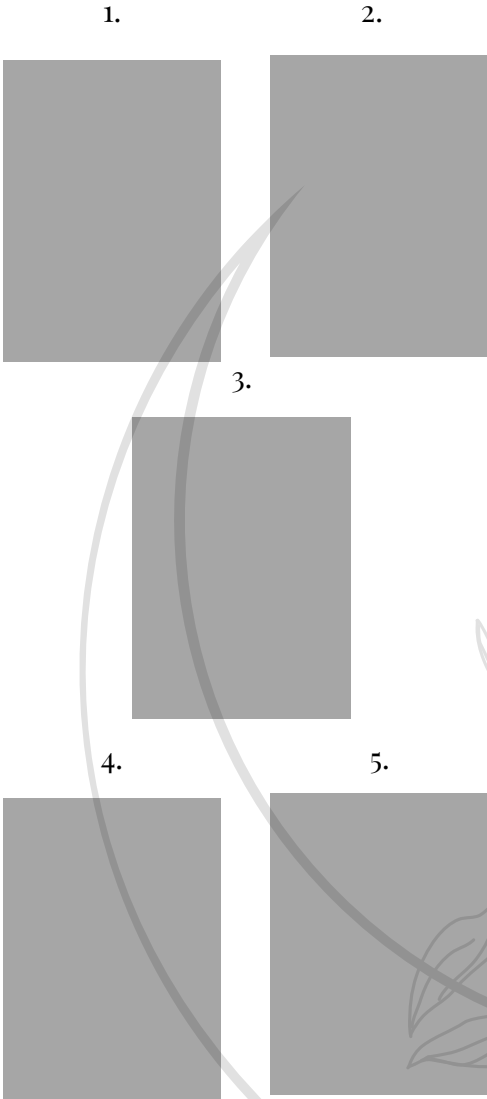
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# 1-3-5 CARD READING

DATE \_\_\_\_\_

SPREAD: \_\_\_\_\_



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REFLECTION:  
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# 1-3-5 CARD READING

DATE \_\_\_\_\_

SPREAD: \_\_\_\_\_

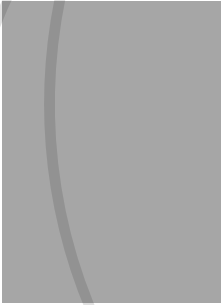
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REFLECTION: \_\_\_\_\_

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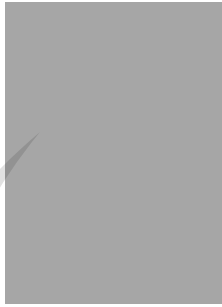
# 1-3-5 CARD READING

DATE \_\_\_\_\_

SPREAD: \_\_\_\_\_

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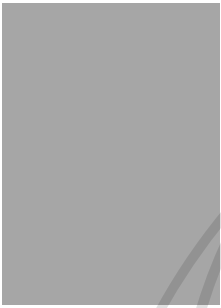
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# 1-3-5 CARD READING

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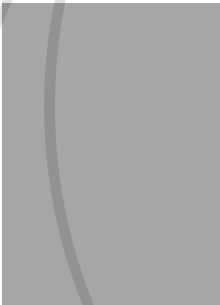
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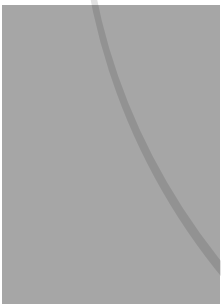
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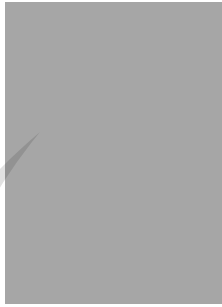
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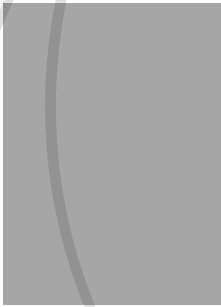
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From me and my little farm in Oregon to you-  
Please accept my deepest heartfelt gratitude for putting your trust in me  
on your journey through life.

You've become a part of something bigger than yourself  
and in doing so have uplifted a dream.

This journal is intended as a workbook to go along with my  
Seasonal Herbal Coven Subscription Boxes  
which are full of herbal creations and tools meant to support  
mental, physical, and emotional well-being throughout the seasons.

You can learn more about becoming a coven member  
by scanning the QR code below.



With gratitude,  
-Jovie Hawthorn Browne

